



GET RID OF BAD HABITS AND BUILD GOOD ONES

Your habits may prevent you from becoming a great leader. You can change by dropping activities that harm you and grow in ways that make you effective.



How Does it Work?

It is not easy to change how you have been operating for much of your life. Fortunately, coaching enables you to have a renewed mindset and shift your way of thinking and behaviors. For example, a person recently promoted to a managerial role may need to break the habit of taking on the work on his/her own. Additionally, certain repeated offenses may involve legal consequences affecting both the individual and the company. Personal growth comes through stop doing, continue doing, or by doing more of what is good.



Impact of Bad Habits

- Your career may come to a halt.
- Clients get sub-par results.
- Client perception and your reputation declines.
- Your personal relationships suffer.
- Your leadership effectiveness declines.

Possibilities for Growth

The client has a behavioral blind spot that is derailing or holding back his or her career.

- Talks over others; cuts them off.
- No praise or feedback to the team.
- Does not make eye contact.
- Criticizes team members publicly.
- Blames others for own project failures.
- Avoids tough decisions/conflicts.
- Panics under pressure.
- Escalates conflict.
- Does not hold others accountable.
- Has anger issues.
- Does not listen.
- Micro-manages.

The client has a talent or strength to build on by adding a specific behavior.

A 360° Assessment reveals an opportunity to improve a specific behavior.

The client wants a general leadership tune-up and would like to find that one thing that will significantly impact performance.

The client wants to develop a specific skill.